



Keep on the straight and narrow of your health journey this festive season while still getting a little merry with our delicious, dietitiancurated cocktail recipes.

Hiccup...

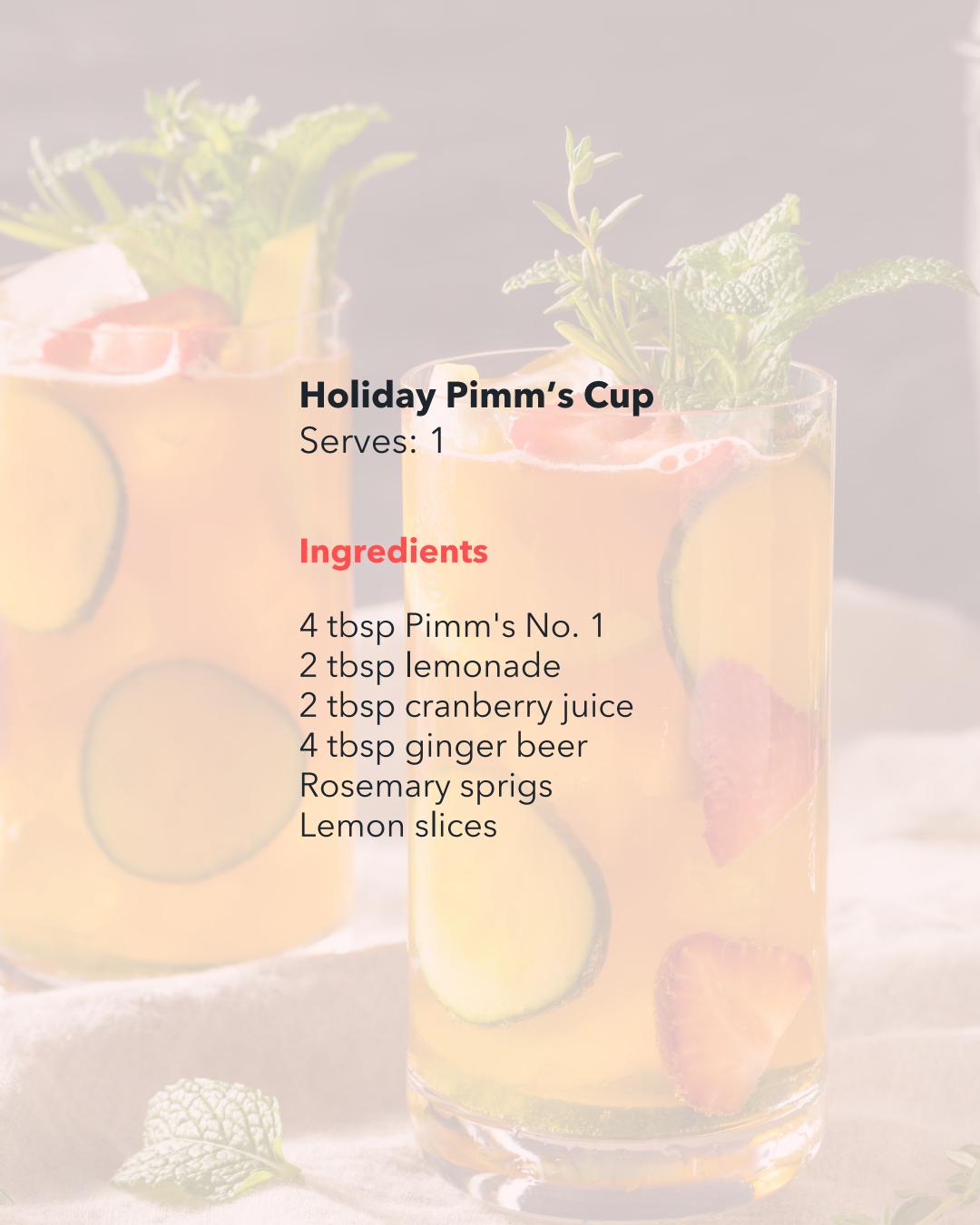
Happy Holidays from all of us at Best10!





- 1. Add the Cointreau and cranberry juice to a cocktail shaker with ice. Shake until the mixture becomes cold. Strain the liquid into a champagne flute. (You can skip this step if the cranberry juice is well chilled.)
- 2. Top up the flutes with champagne and garnish with the rosemary and cranberries.
- 3. Enjoy!









### **Christmas Citrus Cocktail**

Serves: 1

## Ingredients

4 tbsp vodka
½ tbsp elderflower liquor (optional)
¾ cup fresh squeezed clementine or blood orange juice
Ginger beer
Pomegranate seeds
1 sprig of fresh thyme or mint

- 1. Fill up a cocktail glass with ice.
- 2. Add the vodka, elderflower liquor (if using), and clementine juice to the glass.
- 3. Top up the glass with ginger beer.
- 4. Garnish with the pomegranate seeds and thyme or mint. Enjoy!



## Mistletoe Margarita

Serves: 1

## Ingredients

4 tbsp cranberry juice (unsweetened)

1 large blood orange (juiced)

1 lime (juiced)

4 tbsp tequila

1 tsp sweetener of choice (agave,

maple syrup)

Sparkling water

Cranberries

Lime slices

A sprig of rosemary

- 1. Add the cranberry juice, blood orange juice, lime juice, tequila and sweetener to a cocktail shaker with some ice and shake until well combined.
- 2. Pour the mixture into a cocktail glass and top it with sparkling water.
- 3. Garnish with the fresh cranberries, lime slices and rosemary.



# Pineapple and Lime Mocktail

Serves: 4

## Ingredients

A small bunch of coriander leaves
1 lime (juiced)
750ml pineapple juice
A handful of ice
400ml tonic water

- 1. Chop the coriander leaves and place them in a cocktail shaker with the lime juice, 100ml pineapple juice and a handful of ice.
- 2. Shake them together until the outside of the shaker feels cold.
- 3. Strain into 4 glasses, add extra ice cubes and divide the remaining 650ml pineapple juice and the tonic water between the glasses.
- 4. Enjoy!